



ZOMBIE STOMP

CYPRESS CREEK LAKES

5K Run/1K Kids Fun Run

October 28, 2017

Presented by

xfinity[®]

Benefitting



CY-HOPE

Making Life Better for Kids in Cy-Fair

Thank You to Our Event Sponsors



Zombie Stomp Schedule

Thursday, October 26

4 to 8:30 pm

- Packet pick up at the Cypress Creek Lakes Phase 3 Recreation Center
10080 Cypress Creek Bend Lane, Cypress TX 77433

Saturday, October 28

6:00 am

- Shuttle service from The Met Parking Lot begins
9690 Fry Rd, Cypress, TX 77433

6:30 am

- Packet Pick up Opens

7:30 am

- Packet Pick up Closes



7:40 am

- Emcees Lauren Kelly, Geoff Sheen, Sarah Pepper and Seth Payne Start Introductions

7:45 am

- Texas Fit Chicks stretch

7:56 am

- National Anthem

8:00 am

- 5K race starts
- FREE Pumpkin patch, face painting and bounce house/bungee trampolines/rock climbing wall open
- Food tents open
- Sponsor tents open
- Massage Heights massage stations open

8:30 am

- 1K Packet Pick up Closes

9:00 am

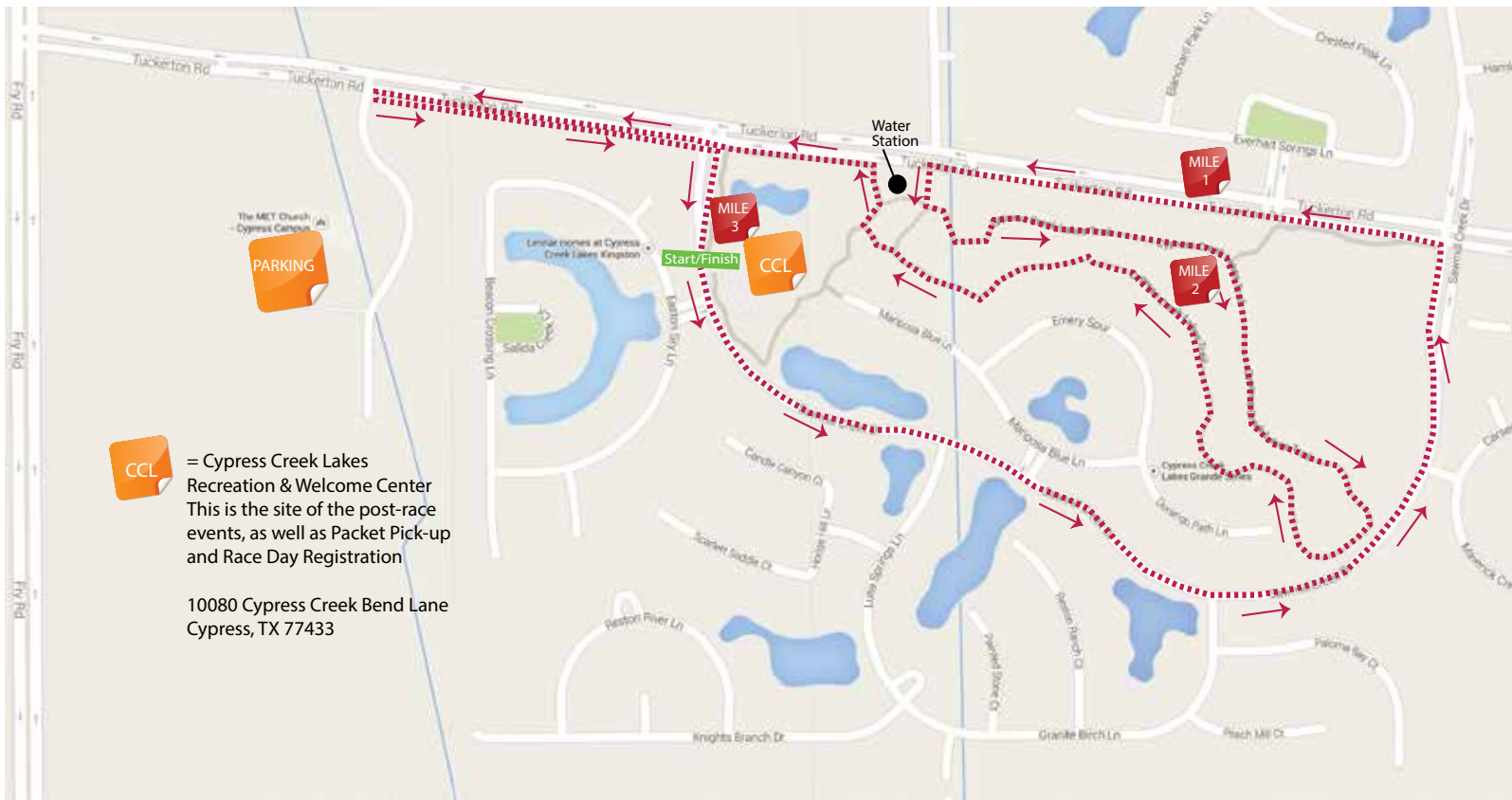
- 1K Fun Run starts

9:45 am

- Award presentations and drawings including \$100 Costume Contest Winner



2017 5K Course Map



Results for this event will be available immediately after you finish at this link:

<http://edsresults.com/zombie17/>



Zombie Stomp Information

Thank you so much for taking part in our annual Cypress Creek Lakes Zombie Stomp presented by Xfinity. All proceeds from this race will benefit Cy-Hope, making life better for children in the Cy-Fair area. We hope you enjoy our event and come back and be part of it every year!

Parking

Parking will be at The Met Church parking lot at the SE corner of Fry Road and Tuckerton. There will be shuttle buses available to transport you to the race site starting at 6:00 am and shuttle service will be available until 11:30 am.



Bag Drop

We will be offering bag drop in the Recreation Center area.

Awards

All finishers will receive an event medal at the finish line. The top overall male and female finishers will receive \$250 cash awards.

\$100 cash awards will be presented to the top finisher in the following groups:

M 14 & Under	F 14 & Under
M 15 - 19	F 15 - 19
M 20 - 29	F 20 - 29
M 30 - 39	F 30 - 39
M 40 - 49	F 40 - 49
M 50 - 59	F 50 - 59
M 60 - 69	F 60 - 69

You must be present at the awards ceremony to receive your award - cash awards will not be mailed or presented after the ceremony.

Water Stop

There will be one manned water stop on this course, accessible at two points during the run (see course map).

EMS

Emergency Services will be available at the Cypress Creek Lakes Phase 3 Recreation Center.

Pets

Pets are allowed on the 1K Fun Run/Family Walk only.

Strollers

Strollers are allowed on both the 1K and 5K events. Strollers must however start at the back of both races and are not allowed to pass.

Race Course Rules

Part of this run is on a sidewalk trail. Please stay to the right and pass on your left. Once you pass, please move back to the right. If you are running with a group, please pay attention and allow passing runners through and make room on the left for them to do so.





CY-HOPE

**Proceeds from
the Cypress
Creek Lakes
Zombie Stomp
Benefit Cy-Hope.**

The mission of Cy-Hope is to make life better for kids in Cy-Fair who are economically, relationally, and spiritually disadvantaged. Our vision is to mobilize the entire community to provide opportunities that will enable all children to grow up to be productive citizens.

Our Backpack Feeding Program started when we recognized many of the children in CFISD had no food over the weekends. So in the Fall of 2011 we piloted the program beginning with 2 schools, 2 volunteers and 80 bags of food. Currently we are in 72 of the 85 CFISD schools, with over 100 volunteers and serving nearly 2000 students with about 8 tons of food per week.

CYPRESS CREEK LAKES
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